## High School Parent Pointers Calendar



High School

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## THE **PARENT** INSTITUTE\*

## **Parent Pointers**

Calendar

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|--|---|--|--|---|---|--|
| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
|  | <b>1</b> Ask your teen to tell you what the word <i>success</i> means to her.                                 | <b>2</b> Notice and talk<br>about the positive<br>qualities of your teen's<br>friends.                                 | <b>3</b> The next time you drop your teen off at practice or rehearsal, stay for a while and watch.                          | <b>4</b> Have your teen<br>quiz you on a<br>homework assignment.<br>Thinking up questions<br>will help him learn.           | <b>5</b> Set rules for your<br>teen about riding<br>in cars. She should<br>never get in the car<br>with someone who<br>has been drinking. | <b>6</b> Ask your teen<br>to teach you<br>something, such as<br>how to use a computer<br>program or a new app. |
| With your teen,<br>talk about what<br>makes each of you<br>happy and what makes<br>each of you stressed.                 | 8 Eliminate digital<br>distractions during<br>homework time. Make<br>sure your teen's phone<br>is turned off! | <b>9</b> Discuss an<br>international<br>news event with your<br>teen. How is it affect-<br>ing your country?           | <b>10</b> Point out an example of prejudice to your teen. Talk about ways to deal with intolerance.                          | <b>11</b> Don't pay your teen for regular chores. Helping out is every family member's responsibility.                      | <b>12</b> It's Family<br>Game Night!<br>Let your teen select a<br>game for the family to<br>play together.                                | <b>13</b> Take a walk<br>with your teen<br>and use all five senses<br>to observe the world<br>around you.      |
| <b>14</b> Try an ethnic<br>recipe. What<br>can it teach your teen<br>about another culture?                              | <b>15</b> When helping your teen with schoolwork, be positive, even if he gets discouraged.                   | <b>16</b> Give your<br>teen a new<br>responsibility. Praise<br>her for being mature<br>enough to handle it.            | <b>17</b> Try to have<br>a rhyming<br>conversation with your<br>teen. It may be tough<br>at first, but you'll get<br>better! | <b>18</b> Have your<br>teen research<br>possible future careers.<br>What skills or educa-<br>tion are required for<br>each? | <b>19</b> Set limits on your teen's recreational screen time.   | <b>20</b> Show your teen<br>his baby book.<br>Talk about how special<br>he was—and still is.                   |
| <b>21</b> Have everyone<br>in the family<br>spend 30 minutes<br>cleaning up the house.<br>Many hands make light<br>work. | <b>22</b> Celebrate Earth<br>Day by doing<br>something good for the<br>environment, such as<br>recycling.     | <b>23</b> Talk with<br>your teen about<br>mistakes. What are<br>some ways people<br>can learn from their<br>mistakes?  | <b>24</b> Bring up a sticky situation before it occurs. Ask what your teen might do. Listen and ask questions.               | <b>25</b> Drugs can be deadly the first time kids use them. Give your teen the facts about the dangers of drugs.            | <b>26</b> Listen to a piece<br>of music that<br>has no lyrics. Have<br>your teen write her<br>own words to the song.                      | <b>27</b> Help your teen draw up a monthly budget. Tell him to plan for unexpected expenses.                   |
| <b>28</b> When your teen tells you something important, repeat it to make sure you understood.                           | <b>29</b> Does your teen<br>dawdle during<br>homework time? Have<br>her set a timer while<br>working.         | <b>30</b> Does your teen<br>need more<br>responsibility? More<br>time to talk? More<br>privacy? Ask what he<br>thinks. |  | April   | 2019  |  |

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