## High School Parent Pointers Calendar



High School

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## THE **PARENT** INSTITUTE\*

## **Parent Pointers**

Calendar

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Ask your teen to tell you what the word <i>success</i> means to her.	<b>2</b> Notice and talk about the positive qualities of your teen's friends.	<b>3</b> The next time you drop your teen off at practice or rehearsal, stay for a while and watch.	<b>4</b> Have your teen quiz you on a homework assignment. Thinking up questions will help him learn.	<b>5</b> Set rules for your teen about riding in cars. She should never get in the car with someone who has been drinking.	<b>6</b> Ask your teen to teach you something, such as how to use a computer program or a new app.
With your teen, talk about what makes each of you happy and what makes each of you stressed.	8 Eliminate digital distractions during homework time. Make sure your teen's phone is turned off!	<b>9</b> Discuss an international news event with your teen. How is it affect- ing your country?	<b>10</b> Point out an example of prejudice to your teen. Talk about ways to deal with intolerance.	<b>11</b> Don't pay your teen for regular chores. Helping out is every family member's responsibility.	<b>12</b> It's Family Game Night! Let your teen select a game for the family to play together.	<b>13</b> Take a walk with your teen and use all five senses to observe the world around you.
<b>14</b> Try an ethnic recipe. What can it teach your teen about another culture?	<b>15</b> When helping your teen with schoolwork, be positive, even if he gets discouraged.	<b>16</b> Give your teen a new responsibility. Praise her for being mature enough to handle it.	<b>17</b> Try to have a rhyming conversation with your teen. It may be tough at first, but you'll get better!	<b>18</b> Have your teen research possible future careers. What skills or educa- tion are required for each?	<b>19</b> Set limits on your teen's recreational screen time.	<b>20</b> Show your teen his baby book. Talk about how special he was—and still is.
<b>21</b> Have everyone in the family spend 30 minutes cleaning up the house. Many hands make light work.	<b>22</b> Celebrate Earth Day by doing something good for the environment, such as recycling.	<b>23</b> Talk with your teen about mistakes. What are some ways people can learn from their mistakes?	<b>24</b> Bring up a sticky situation before it occurs. Ask what your teen might do. Listen and ask questions.	<b>25</b> Drugs can be deadly the first time kids use them. Give your teen the facts about the dangers of drugs.	<b>26</b> Listen to a piece of music that has no lyrics. Have your teen write her own words to the song.	<b>27</b> Help your teen draw up a monthly budget. Tell him to plan for unexpected expenses.
<b>28</b> When your teen tells you something important, repeat it to make sure you understood.	<b>29</b> Does your teen dawdle during homework time? Have her set a timer while working.	<b>30</b> Does your teen need more responsibility? More time to talk? More privacy? Ask what he thinks.		April	2019	

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